

GAYSPEAK

NEWSLETTER OF THE PIKES PEAK GAY COMMUNITY CENTER

MARCH 1988

PO BOX 574

COLORADO SPRINGS, COLORADO 80901

PHONE (303) 471-4429

NOTES FROM THE EDITOR

"Court Night at the Chateau", February 27, seemed to be a huge success. This annual fund raising event, sponsored by the Imperial Court of Southern Colorado, raised over \$240.00 (one dollar per ticket plus the Chateau management donated another dollar per ticket).

More than money being raised, the purpose of this function seems to be to get all of us from the lesbian/gay community out, out together and out together laughing and having fun. Empress, Erica Courtland, put it very well, telling us how wonderful it was to see women and men from all segments of our diverse community together, enjoying the evening.

I would like to think that this is not a unique situation. I would like to believe that as a community of people we can enjoy each others company and support.

It has been very difficult and painful for many of us to listen to those who advocate separatism --especially that separatism that is based on gender.

It is my personal philosophy (and I believe that of the Board of Directors of the Pikes Peak Gay Community Center) that we as lesbian/gay people are already set aside enough. We face discrimination with every breath, why on earth would we want/insist on perpetuating that horror within our own community?

Now, perhaps more than in any other time, WE MUST STICK TOGETHER, WE MUST BE UNITED. I believe that if we do not reach out to each other we will find ourselves scuttling back into the closets of oppression. If that happens, we will have constructed those prisons hand in hand with those who would deny us all human rights.

Perhaps one way we can show our solidarity is to work together in planning Gay Pride Week activities. The first planning meeting is scheduled for Monday, March 7 from 7 to 8:30 p.m. Take a minute or two, write up some suggestions for an activity that we ALL can participate in.

Please, let no one in our community be left out. Remember, we are not all able bodied...lets be sure to remember our sisters and brothers who don't "do" stairs, or who need special considerations in other ways.

Lets remember the fun we had at Iron Springs and work together...for all of us.

MARCH 1988 ISSUE

This issue of GAYSPEAK marks the third issue published since the first of the year.

We are still working to establish our format and the "look" we want, but hope you like what we've done so far. As with any process, it takes time to build to a finished product.

At this time we are struggling just to get the newsletter printed and distributed without too many glitches. The next step is to get YOUR involvement. We need your input.

This input can come in many forms, including subscriptions through your membership in the Community Center; helping us update mailing lists and membership lists; submitting articles and buying advertising.

As you can see by the rate information on the back page, our rates are very low. Right now GAYSPEAK is distributed to many of the PPGCC affiliated groups, members and free to the local bars.

(If you know of any other places we should be distributing the newsletter--let us know.)

This is a newsletter for you. Enjoy!

A WORD FROM THE PRESIDENT:

The Board of Directors of the Pikes Peak Gay Community Center (PPGCC) is happy to welcome three new groups to the Center: Christopher Street, Children of Gay Parents, and Gay Parents.

We see a need for new groups and want to do whatever we can to encourage anyone wishing to spearhead an effort to start a "support" and/or activity group.

The Board is beginning to look towards Gay Pride Week and has high hopes that this year's celebrations will be the best yet. We are hoping to see more unity and pride in Colorado Springs than ever before.

In an effort to make it happen, we are having a meeting on Monday, March 7 from 7 to 8:30 p.m. (see article this section).

We are continuing our search for a Center space and have been working on a plan which would house not only PPGCC but also, the Pikes Peak MCC and other community groups as well. If any one knows of any suitable space please contact any board member or leave a message with the Helpline.

THE QUILT REMINDS US

The Quilt, a patchwork of 3 x 6 foot panels, each commemorating the life of a person who has died of AIDS will be displayed at the Stadium Arena in Denver, April 21, 22, and 23. An unfolding ceremony, including reading of the names of the dead, will take place at 7p.m. on Thursday, April 21. The Southern Colorado AIDS Project (S-CAP) is collecting panels from this area and will present them to representatives of the NAMES Project, (the group responsible for organizing the memorial Quilt project) while it is in Denver.

Twenty-one persons have died of AIDS in El Paso County. S-CAP is hopeful that community response will be such that every person is represented with a panel on the Quilt, and that the local panels can be displayed in Colorado Springs prior to taking them to Denver.

S-CAP needs all panels by APRIL 2, if possible. If you would like to create a panel, or assist in creating one, contact The Southern Colorado AIDS Project, P.O. Box 311, Colorado Springs, CO, 80901, or call 540-8894.

Rocky Hardin, Secretary of S-CAP, adds that "S-CAP hopes to raise some funds locally to accompany our panels to Denver. Anyone wishing to make a donation in behalf of someone who has died of AIDS may do so through S-CAP at our address (above)."

THE QUILT, Trivia:

Total weight:	7,200 pounds
Number of 3' x 6' panels	2,176
Number of 12' x 12' squares	272 (8, 3' x 6' panels per each square)
States represented	48
Foreign Countries	5 (New Zealand, Sweden, The Netherlands, Canada, and Mexico)
Name Appearing Most	Dr. Tom Waddell (4 times)
Celebrities' Names	Rock Hudson, Willi Smith, Liberace, Michael Bennett, Roy Cohn, Philip Dimitri Gallas, Michel Foucault

Unusual Materials/
Construction Stories

Stephen Quesada Panel made from *Buddhist's saffron robe

Mark Metcalf Panel made from solid 3' x 6' piece of leather

Chuck Lowery Panel made of a quilt hand-sewn by Chuck himself years ago, exactly 3'x6'

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BOARD OF DIRECTORS MEETING NOTES:

The Pikes Peak Gay Community Center Board of Directors met in their regularly scheduled meeting on February 16, 1988, at 7p.m.

President's report: He is continuing to look for suitable and affordable location for the Center. At this time there is nothing. Ed added that he has talked with the Minister of Pikes Peak MCC, Marion Harrison, about working with PPMCC to find a location that the Center and the Church could share. He added that Ruby Miller, Pastor of Christ Chapel had told him that they were not interested in sharing a joint location.

Vice President's report: No report.

Secretary's report: No report.

Treasurer's report: It was explained that due to the cycle our bank is on, our Treasurers report is based on figures which are a month behind. In this month's case total assets and other figures are current to January 23, 1988.

Beginning checking balance as of 12/31/88	\$445.57
Total deposits	\$ 11.04
Total debts	\$200.00
Checking balance as of 01/23/88	\$256.61
Regular savings balance as of 01/23/88	\$1329.52
6 month C.D. balance as of 01/23/88	\$1003.07
Total assets as of 01/23/88	\$2589.20

In addition to these moneys, 40+ Women has collected a donation at each of their meetings and gave the Center \$36.00. PPMCC donates approximately \$25.00 each month and Mr. Brown sends us \$10.00 each month. We would like to thank each of you. The Center has no other regular income at this time.

If you refer to the proposed budget in the January GAYSPEAK you can see that we will need an annual budget of over \$7,000.00 in order to stay solvent and find a home.

Helpline report: The number of calls increased dramatically over the last report. This month there were 206 calls, 62 taken by volunteers, 144 other calls to the machine. Most significant of the statistics is that there were only 10 calls for bar locations and 38 for support groups. The Helpline coordinator sees this as a positive trend.

Specifically there were several calls for Christopher St. (a new men's group) and the question was raised about the possible need for a 40+ Men's group. There were also several calls for the new group, Children of Gays.

Gayspeak Report: We are shooting to have this and subsequent issues out in the first week of each month. We need help in getting paying advertisers as well as help in distribution.

Speakers Bureau report: No Report.

Old Business: Ed and Michelle will work together to develop a simple one page questionnaire for groups and resources to complete in our effort to put together the Information Packets (see February GAYSPEAK, pg.2).

New Business: Gay Pride Week 1988 is June 19 through 26. What does the Colorado Springs community want to do to celebrate this very special week? There were several recommendations, including a picnic, Block Party, participating with Denver, etc.

It was decided to call for a special meeting to discuss this with all of those who are interested in participating and planning. The Board asks that all of those who have suggestions for Gay Pride activities, bring them in written form to a special meeting on March 7 from 7 to 8:30 p.m.

For more information call the Helpline, 471-4GAY.

In more "new business" it was agreed that GAYSPEAK would be sent out to all of those Centers included on a list sent to us by the Lambda Community Center in Sacramento, California. If you have suggestions of others who should be contacted let us know.

40+ Women asked if the Community Center would be interested in sponsoring a Bingo night. The Board agreed that it would be fun and will check into it and see if we, as a Non-profit organization need a permit. There was also a motion to temporarily change the specific duties of the Vice President and the GAYSPEAK Editor. It was moved, seconded and approved to move membership maintenance duties to the GAYSPEAK Editor while the Vice President will put his energy into building membership and fund raising.

40+ WOMEN:

This group sees itself primarily as a support group for Lesbians 40 and older. They have a tentative schedule of meeting topics for March, but make it clear that if a member needs their support the Discussion Topic will be postponed. They are planning a spaghetti potluck; and have scheduled several diverse topics such as...those times in our childhoods that we experienced strong attachments to others of the same sex, but didn't realize what was happening; planning for outdoor activities; gays in American Indian cultures, comparing hobby interests and general planning.

Step One:

Step One's next meeting is open to everyone, in fact they encourage everyone to attend. The meeting is scheduled for 6:30 (doors open at 6:00p.m.) March 1, 1988. We will be showing the film, "The Life and Times of Harvey Milk" and then discuss the process of "coming out." The group hopes to focus on the more humorous aspects of this difficult and ongoing process. The second meeting for March will be the THIRD FRIDAY. We will meet and then go to a movie together.

April's first meeting is scheduled for April 5 and we will discuss our participation in Gay Pride Week.

CHRISTOPHER STREET:

Christopher St., a new support and social group is "alive and well." They have grown from 5 initial members to 11 at their last meeting.

At their last meeting they discussed Gay Pride Week, the Aids Quilt project as well as planning group social events.

They meet the second and fourth Mondays of each month. For more information call the Helpline, 471-4GAY.

(The board would also urge Christopher St. to explore the possibility of helping a 40+ Mens group to get started.)

GAY PARENTS:

Following the Step One meeting of February 2, interest was expressed in forming a Gay Parents group. An initial planning meeting was held on February 17. Three people showed up. There will be another meeting on March 9 at 7:00.

Please encourage any and all lesbian/gay parents to get involved and support each other. For more information, call the Helpline, 471-4429.

SEEK & PEEK: No report.

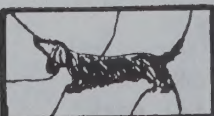
SISTERS OF SAPPHO: No report:

CHILDREN OF GAY PARENTS:

Following the Step One meeting of February 2, Children of Gay Parents was formed. There has been quite a bit of interest expressed and a meeting date should be set soon.

GALA: No Report.

IMPERIAL COURT OF SOUTHERN COLORADO: No Report.



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MARCH EVENTS:

Tues.--1: PPMCC Bible Study, 7p.m.; Step One, 6:30p.m. (see Center Notes)
 Wed.--2: 40+ Women, 7p.m.
 Thurs.--3: Sisters of Sappho (SOS) 7:30p.m.
 Fri.--4: Nancy Griffith, Hi-Lo Club, Boulder.
 Gay AA, 8p.m.
 Sat.--5:
 Sun.--6: Christ Chapel, 10:30 a.m.; Pikes Peak MCC (PPMCC), 5 p.m.
 Mon.--7: Gay Pride Planning Meeting 7 to 8:30p.m. (see article in Center News)
 Tues.--8: GALA; PPMCC Board of Directors 6:30 p.m.
 Wed.--9: 40+ Women, 7p.m.; Gay Parents Meeting 7:30p.m. (see article in Center News)
 Thurs.--10: SOS, 7:30p.m.
 Fri.--11: Marcia Ball, Hi-Lo Club, 9:30p.m.; Gay AA, 8p.m.
 Sat.--12: 40+ Women Spaghetti Potluck; Marcia Ball, Hi-Lo Club, 9:30p.m.
 Sun.--13: Christ Chapel, 10:30a.m.; Sue Fink & Deidre McCalla, Divine Madness, 7:30p.m.; PPMCC, 5p.m.
 Mon.--14: Gay AA 8p.m.; HELPLINE SPECIAL MEETING 6p.m. (potluck)
 Tues.--15: Step One activity, 6:15p.m.; PPGCC Board Meeting, 7p.m.; GALA.; PPMCC Bible Study 7p.m.
 Wed.--16: 40+ Women, 7p.m.;
 Thurs.--17: SOS, 7:30p.m.
 Fri.--18: Gay AA, 8p.m.; Step One Outing 6:15p.m.
 Sat.--19:
 Sun.--20: Christ Chapel, 10:30a.m.; PPMCC, 5p.m.
 Mon.--21: Gay AA, 8p.m.
 Tues.--22: GALA; PPMCC Bible Study, 7p.m.
 Wed.--23: 40+ Women, 7p.m.
 Thurs.--24: SOS, 7:30p.m.
 Fri.--25: Gay AA, 8p.m.
 Sat.--26:
 Sun.--27: PALM SUNDAY: Christ Chapel, 10:30a.m.; PPMCC, 5 p.m.
 Mon.--28: Gay AA, 8p.m.; Christopher St. 7p.m.
 TUES.--29: PPMCC Bible Study, 7p.m.
 WED.--30: 40+ Women, 7p.m.
 THURS.--31: MAUNDY THURSDAY: PPMCC Sedar Meal; SOS 7:30p.m.
 FRI.--APRIL 1--GOOD FRIDAY, PPMCC Tenbrae Service 7:30p.m.; Gay AA, 8p.m.
 SAT.--APRIL 2
 SUN.--APRIL 3--EASTER SUNDAY, Christ Chapel 10:30a.m.; PPMCC 5p.m.
 MON.--APRIL 4--Seek & Peek, 7p.m.
 TUES.--APRIL 5--Step One, 6:30p.m. (planning Gay Pride planning)
 WED.--APRIL 6--40+ Women, 7p.m.
 THURS.--APRIL 7--SOS, 7:30p.m.

DESERT & MOUNTAIN STATES LESBIAN & GAY CONFERENCE UPDATE

The Denver Conference planning committee continues to prepare for the Fourth Conference, "Living Our Heritage," slated for May 13 through 14 at the Denver Downtown Hyatt Regency Hotel.

The Committee has announced that James Kepner and Virginia Apuzzo will be the keynote speakers.

Apuzzo serves as New York Governor Mario Cuomo's liaison to the gay/lesbian communities throughout New York State. She is the Deputy Director of Consumer Affairs for the state of New York and served on the National Democratic Platform Committee in 1984.

Kepner is scheduled to open the Conference on Saturday, May 14. He is the Director of the International Gay and Lesbian Archives.

In keeping with the theme of "Living Our Heritage," Kepner will discuss our presence throughout the world since the recording of humanity.

The Archives are currently located in Los Angeles, and contain thousands of periodicals, books, and also has the largest art collection by gay and lesbian artists in the world.

Registration brochures should be ready at this time. The Denver center should have copies and the Colorado Springs Center anticipates having copies available for our area.

The Conference will cost \$55.00 if you pre-register, more if you do not prepay. The price includes over 60 workshops, the keynote speeches, Saturday and Sunday Continental Breakfasts, Saturday night dance and social, Saturday lunch, Sunday brunch, and free admission to the art show.

This Conference is to be an effort by the entire State of Colorado.

If you are interested in helping in any way, contact the Denver Center at 831-6268 for meeting times and directions.

SAN FRANCISCO--The premier issue of OUT/LOOK, a new national journal of lesbian/gay opinion, politics and culture, was due to be released to newsstands across the country on March 5, 1988.

OUT/LOOK offers a serious, but not invariably solemn, view of a wide range of issues that touch lesbian/gay lives. The quarterly complements existing local lesbian/gay newspapers and periodicals by providing a national forum for in-depth writing by and for both men and women.

The magazine's publication signifies a coming-of-age, a moment of new maturity for the gay/lesbian community in the United States. "OUT/LOOK comes at a critical time of challenge and hope, marked by the March on Washington, the deepening efforts to deal with AIDS, and the growth, despite the epidemic, in the number of thriving gay/lesbian communities in the country," OUT/LOOK co-founder Jeff Escoffier said.

"OUT/LOOK is the response to our need for something a little more substantial, a little more diverse, a publication that spans the full spectrum of lesbian/gay experience," said Kim Klausner, another co-founder.

The first issue includes features on how AIDS has affected the coming out process for men, a critique of the March on Washington, a profile of Gladys Bentley, the bulldagger who sang the blues, and pieces by Robert Gluck, Valerie Miner, Barbara Rosenblum, Jewelle Gomez, Paul Shimazaki, anthropologist Esther Newton, sex therapist JoAnn Loulan, and health educators Cheri Pies and Francie Hornstein.

"OUT/LOOK is a publication that people will be proud to share," Klausner said. She and the five other OUT/LOOK founders have promised a magazine whose appearance will be of the same high quality as its content and style. The quarterly is 8 1/2 x 11 inches, perfect-bound, with a four-color glossy cover featuring the work of a gay or lesbian artist or photographer.

OUT/LOOK is published by the non-profit OUT/LOOK Foundation. Subscriptions for four issues, one year of the journal, are \$19.00, and \$5.00 a copy at newsstands. Correspondence should be addressed to OUT/LOOK, P.O. Box 146430, San Francisco, CA 94114, (415) 282-3344.

NEWS FROM BOULDER

According to "The Melting Pot" the Boulder gay/lesbian Newsletter, "The Yard of Ale is Boulder's newest and only gay supportive bar. It is located at the corner of 28th and Bluff. They're still putting the final touches on the bar, but it's well worth visiting..."

(ED. NOTE: The following is an excerpt from a letter sent to the Boulder Newsletter as well as the "statement" mentioned in that letter. If you would like a copy of the complete statement, drop a note to GAYSPEAK, enclosing a self-addressed, stamped envelope, P.O. Box 574, Colo. Spgs., CO, 80901)

LETTERS TO THE EDITOR, THE MELTING POT, MARCH 1988 Issue:

I thought the statement adopted by the First Congregational Church of Boulder might be of interest to some of your readers. The resolution was accompanied by a constitutional amendment to the church's constitution prohibiting discrimination on the basis of sexual orientation in all the church's activities including pastoral leadership, religious education, and use of facilities by gay and lesbian community groups. Other churches in Boulder have been supportive of gay and lesbian concerns, but few have made such a public statement...

Sincerely, Christopher Carrington, Chair-Board of Mission and Social Action

STATEMENT OF OPENNESS, INCLUSION AND AFFIRMATION OF GAY AND LESBIAN PERSONS:

Made in God's image, as persons loved by God, we are called to fully accept ourselves and our sexuality. Recognizing that our Christian faith is the foundation of our values in human relationships, we envision a community in which all persons will come to know, celebrate and have confidence in themselves as sexual beings. Our sexuality is a gift of God which enriches our lives and deeply touches the reality of our own and others' humanity....

Therefore, the First Congregational Church of the United Church of Christ, Boulder, Colorado, declares itself to be open and affirming of lesbian and gay persons in accordance with the resolution adopted by the 15th General Synod of the United Church of Christ. (adopted at the October 21, 1987 congregational meeting.)

The National Gay and Lesbian Task Force (NGLTF) has prepared profiles detailing the positions of all Democratic and Republican candidates on issues of concern to the gay/lesbian community. The profiles are based on a synthesis of candidate responses to an NGLTF survey, upon candidate speeches and statements and upon press reports of candidate positions.

"These profiles offer usefull insights into the committment different candidates have to gay/lesbian issues," said Peri Jude Radecic, who heads up NGLTF's 1988 Voter Education Drive. "Our goal is an informed lesbian and gay electorate at the primary level and in November."

A complete set of candidate profiles may be ordered from NGLTF, 1517 U Street NW, Washington D.C., 20009 for a copying and postage charge of \$3.00.

STUDY SHOWS GAYS ARE MOST FREQUENT VICTIMS OF HATE FUELED VIOLENCE

A recent U.S. Department of Justice study of violence based on sexual orientation, race, religion and ethnicity has concluded that such crimes are "widespread" and appear to be increasing. According to the report, "The most frequent victims of hate violence today are blacks, Hispanics, Southeast Asians, Jews and gays and lesbians. Homosexuals are probably the most frequent victims."

The study, which was undertaken after sustained lobbying by NGLTF, the American Psychological Association and other groups, was sponsored by the National Institute of Justice (NIJ)--the research arm of the Justice Department. It was conducted by Abt Associates, an independent research firm in Cambridge, MA. According to the report, "Cries of bias are far more serious than comparable crimes that do not involve prejudice because they are intended to intimidate an entire group...and tear at the very fabric of our society. Despite the far-reaching consequences of hate crimes, the report acknowledges that "the criminal justice system--like the rest of society--has not recognized the seriousness of the hate violence problem."

SPOKANE, WASHINGTON TASK FORCE CONDEMNS ANI-GAY HARASSMENT BY SELF-PROCLAIMED "CHRISTIANS"

The Interstate Task Force on Human Relations called a press conference last summer to condemn harassment of Spokane's gay and lesbian community by a group called Street Level Ministry. Said one Task Force leader, "When a group that calls itself Christian interrupts another group's (MCC) church services, shouts obscenities at them, eggs houses and threatens people's lives, all we can say to them as a Christian community is 'keep your hands off our neighbors.'" (Spokane "Spokesman Review") Also present at the news conference were leaders of Spokane's Christian Coalition who likewise condemned the "using of the name of religion to justify the abuse of others." According to local observers, the Task Force's condemnation of the abuse resulted in a sharp decline in anti-gay harassment locally.

For more information, contact Mary Devlin, District Manager, Human Rights Commission, W. 905 Riverside Ave., Suite 416, Spokane, WA 99201-1099.

HE MIGHT HAVE BEEN PRESIDENT?

Q--"Would you support quarantine of those infected with AIDS?"

A--"Rather than use the word quarantine, I'd prefer to use prophylactic segregation, if necessary. For example...there should be a separation (in prisons) of those who are carrying the virus."

Q--"Just what is the difference between quarantine and prophylactic?"

A--"Well, there is really none. It's just that the term quarantine sometimes connotes a sort of forced isolation that is sometimes distasteful to those who really would at the same time prefer to be protected from an innocent acquisition of this virus."

--Republican presidential candidate Alexander Haig, responding to questions from interviewer David Frost in a Feb. 8 interview published by U.S. News and World Report.

TRIVIA BUFFS UNITE!! LOOK FOR MORE NEWS ABOUT A TEAM-TRIVIA CONTEST AND FUND RAISER. COMING SOON.

In an effort to improve public television's often spotty coverage of the lesbian/gay community, representatives of the Gay & Lesbian Alliance Against Defamation, Inc. (GLAAD) met on January 5 with executives at WNET/Channel 13, the largest (and richest) station in the Public Broadcasting System.

While WNET's attention to gay/lesbian concerns is arguably somewhat better than that of the networks, there is room for a great deal of improvement, GLAAD told WNET's Executive Vice President George Miles, Director of programming Lois Bianchi and Senior Vice President Ruth Ann Burns. One example: A recent panel show moderated by Charlene Hunter-Gault focused on teenagers and AIDS--but failed to address the needs of gay teenagers.

GLAAD protested WNET's failure to cover gay and lesbian issues on programs such as "Metroline"; the "ghettoization" of gay shows during June (Gay Pride Month); the MacNeil-Lehrer Report's reluctance to call on the gay community's own experts when discussing gay-related issues; and the absence of gay-themed drama on PBS's "American Playhouse" (both of which are co-produced by WNET). Last year William Hoffman, the author of "As Is," claimed that "American Playhouse" had turned down his prize-winning drama for fear of offending southern affiliates.

During the meeting, WNET referred to a computer printout listing 33 programs broadcast over the last year that dealt with gay issues. On examination, GLAAD discovered that the list actually covered two years, not one. Moreover, a majority of the programs had AIDS rather than gays, as the primary focus--including seven segments on the MacNeil-Lehrer Report (one of which dealt with AIDS and contraceptives). "AIDS programming is not the same as gay programming," pointed out GLAAD's David Leibhart.

Stephen Miller, Chair of GLAAD's very active Media Committee, characterized WNET's reaction to GLAAD's points as "defensive in the extreme." According to Miller, "They didn't understand why we don't see programs such as "Nature vs. Nurture"--an episode of "Innovation" about the 'causes' of homosexuality--as providing coverage of the gay community. Actually, when we noted that, at the very least, well over 10 percent of WNET's audience must be gay, Lois Bianchi's response was, "Well, not all gay people consider themselves part of the gay community."

GLAAD made several suggestions for new programming, including: the rising epidemic of anti-gay violence, the gay community's response to AIDS--politically, socially, and through its own extensive educational campaigns; the increasing number of openly gay political candidates and officials; coverage of lesbian issues and profiles of major gay organizations --such as ACT UP and the NYC Gay and Lesbian Anti-Violence Project.

WNET promised to look into these ideas and to convey GLAAD's criticisms to those responsible. For its part, GLAAD promises to closely scrutinize WNET's future efforts. According to Karin Schwartz, GLAAD's assistant director: "WNET is responsible to the entire New York Community, and we want to ensure that it reacts to the fact that lesbians and gays are a vital part of that community."

FOR

OUR

Recent research has shown that 90-98% of the individuals who go on a diet gain the weight back. Even more distressing is the fact that some people gain additional weight after dieting. Why is dieting so often an unsuccessful approach to weight loss?

There are valid reasons both physiologically and psychologically for this:

PHYSIOLOGICALLY

****The body responds to a low calorie diet by slowing down its metabolism and burning as few calories as possible. This is the least helpful thing that can happen from a weight loss perspective, when the goal is to burn up calories and lose excess fat.**

****Current research has shown that regular exercise is the only effective means of raising the metabolic rate and burning calories.**

****It is very difficult for women to get adequate nutrition when they are on a diet of less than 1200 calories. As a result of this they often feel tired, making it difficult to feel like exercising.**

HEALTH CONT'.

****Low carbohydrate diets can result in strong carbohydrate cravings, which often leads to binge eating.**

PSYCHOLOGICALLY

****It is part of human nature that anything which is "forbidden" suddenly becomes very attractive to us and is hard to resist.**

****The message a person receives when they are dieting is that they can not be trusted with food. Being forced to rely on others to tell them when and what to eat sets them up to feel "out of control."**

****The diet-deprivation cycle sets the individual up for failure. As deprivation continues, feelings of lack of control start to become more frequent. The final result is the inevitable binge, which fosters feelings of failure, lack of will power and self blame.**

****Diets do not deal with the fact that people eat for many reasons other than hunger, such as anger, boredom, stress and loneliness.**

****Diets do not address the question of what keeps people from changing once they realize that their current lifestyle is causing problems for them. In light of the above information it becomes evident that rather than blaming the individual for his failure to lose weight by dieting, it is time to realize that new, effective methods of weight loss need to be explored. People need to be introduced to alternative ways of dealing with their problems, which helps put food back into its proper perspective of providing our bodies with sustenance, nutrients and energy.**

(This information provided by the WeightCare program of Penrose Hospital.)

THE NGLTF IS SEEKING APPLICANTS FOR THEIR BOARD Elections to be Held in Summer of 1988

The Board of Directors of the National Gay and Lesbian Task Force (NGLTF) invites interested persons to consider serving on the 24-member Board. The NGLTF Board is elected by all Task Force members during elections held in August and September of each year. Any member of the Task Force is eligible to serve on the Board. Approximately eight seats will be open for election this year.

As set forth in NGLTF's by-laws, the Board is committed to gender parity, racial diversity, and geographic representation. ALL NGLTF Board members make a commitment to raise \$2,500 a year for the organization. Members are also expected to attend the quarterly board meetings which are held around the country as well as serve on Board committees.

The Task Force was founded in 1973 to advocate and organize for equal rights for lesbians and gay men in all aspects of society. Today, the Task Force serves as the gay community's lobby at the Federal level, and houses several organizing projects on anti-gay violence, the reform of laws criminalizing gay/lesbian sexuality; gay/lesbian family issues; coverage of gay issues and perspectives in the mainstream media, and combatting AIDS-related discrimination at the Federal and local levels. The Task Force also serves as a resource center for local and state gay organizations.

The NGLTF Board oversees the financial management of the Task Force, and is actively involved in setting policy directions for the organization. All applicants should address their letters of interest to: Peter Fowler, Chair, Board Nominations Committee, NGLTF, 1517 U Street NW, Washington, D.C. 20009.

NATIONAL CONFERENCE ON HOMOPHOBIA ANNOUNCED FOR MAY 1988

The first Conference on Homophobia Education will be held in Washington D.C. from May 20-22, 1988 at the National 4-H Conference Center. It will be a small working conference for approximately 150 leaders in the field of homophobia education. The work of the Conference will be to exchange strategies and resources for teaching about and reducing homophobia, to build the capacity for development and distribution of resources on homophobia, and to plan for a larger, public conference in 1989.

The Conference is being organized by the Campaign to End Homophobia, a project initiated by the National Organization for Changing Men and is co-sponsored by a broad spectrum of organizations.

HOMOPHOBIA CONFERENCE CONT'.

The campaign is based on the belief that homophobia can be reduced through education, and that there is a need to bring together organizations and individuals who have developed educational models and who are committed to reducing homophobia.

In preparation for the conference they are looking for assistance in the following areas:

- * identification of print or visual resources on homophobia;
- * identification of individuals and organizations who are involved directly or indirectly with educating others about homophobia;
- * capital contributions to cover Conference expenses.

If you can help with any of the above, or for additional information about the Conference or any aspect of the Campaign, please contact the National Coordinator, Cooper Thompson, P.O. Box 81, Cambridge, MA 02139, (617) 868-8280, or contact a regional representative. Contact Michelle at Gayspeak for more information, P.O. Box 574, Colo. Spgs., CO 80901.

JESSE JACKSON'S CAMPAIGN ORGANIZATION TO INCLUDE LESBIAN/GAY DESK

Jerry Austin, national campaign manager for Jesse Jackson, announced in December 1987, the hiring of Randy Miller to staff the lesbian/gay desk of the campaign. Miller is a former staff person for the recent National March on Washington for Lesbian and Gay Rights.

Lesbians and gay men are active in all levels of the Jesse Jackson Campaign. Karen Clark, a Minnesota State Representative, and one of the few lesbian elected officials in the country, has been named co-chair of the Minnesota Jackson Campaign. Pat Norman, Co-chair of the March on Washington for Lesbian and Gay Rights, has been named to the California campaign as well.

Pam David, National Co-chair of Lesbians and Gays for Jackson, notes "Jackson has been supportive of lesbian and gay issues since his '84 campaign. His open support for full civil rights for lesbians and gay men has continued to increase, as reflected in his speech at the National March...."

Miller said his job will include nationwide travel to drum up support for Jackson within the lesbian/gay community. Miller told an assembly at the Conference of Gay and Lesbian Elected and Appointed Officials held in Minneapolis in November that Jackson is preparing a position paper on lesbian/gay issues. According to Miller, Jackson advocates a Presidential order banning discrimination on the basis of sexual orientation in federal and military employment, and is also a proponent of the lesbian/gay anti-discrimination bill now before the U.S. Congress. Miller said the position paper will also support coordinated federal AIDS education and treatment programs that protect civil rights. It will also advocate privacy rights as well as reproductive and domestic partnership rights for lesbians and gay men.

GAY HERO TRASHED BY BRITISH PRESS

LONDON--A gay man who died saving others in a fire at the King's Cross tube station has had his name "dragged through the mud" by the British media.

Lawrence Newcomb died of asphyxiation last September when he ran into the *smoke-filled station to aid victims of the fire. His lover, Duncan Jay, told "Capitol Gay" that Newcomb was a nurse and considered it his duty to save lives. Newcomb's family, friends, and co-workers also spoke about his dedication and selflessness.

Since Newcomb was tested positive for HIV, the "Daily Express" wrote that "he was already doomed by the AIDS virus," and the "Daily Mail" reported that the firefighters were in grave danger of contracting the "AIDS virus" from contact with Lawrence. (Sharon Haase, GCN)

LESBIAN/GAY PUBLIC SCHOOL STUDENTS TO GET COUNSELING

LOS ANGELES--A pioneering counseling and assistance program for lesbian and gay students in one of the city's high schools is being expanded to other Los Angeles junior and senior high schools. The developer of "Project 10" Virginia Uribe, has been released from most of her regular teaching duties to help expand the program, according to "Update".

"What has happened, later than it should have, is a sensitivity in school systems with regard to issues that were once taboo or not addressed," said deputy superintendent Sid Thompson. "The time has come to deal with young people who have gay or lesbian feelings or who are gay or lesbian." (Lori Kenschaft, GCN)

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1988 FLORIDA STATE FAIR WELCOMES GAY EXHIBIT

TAMPA, FL--The 1988 Florida State Fair (in February) included an exhibit documenting the gay rights movement and "the contributions of gay people throughout history." The exhibit was sponsored by the Tampa Bay Business Guild.

In his letter proposing the exhibit, Barry M. Brinson, Program Director for the Guild, wrote: "We want to show what has happened, what we want to accomplish, and why. An exhibit like this *will help dispel myths and promote understanding of gay people everywhere....I know that it will be controversial and you will be criticized if you allow this exhibition; however, the Florida State Fair exists to show the best of the old, the new, the progressive and the nostalgic. Please take this bold step to show how progressive Florida is." (GCN, Lori Kenschaft)

CHRIST CHAPEL, A CHRISTIAN CHOICE

Ruby Miller, pastor of Christ Chapel offered the following description of the church, saying, "Christ Chapel is a Christian church in and for the gay/lesbian community--we teach God's love for all people."

Sunday services are at 10:30a.m. and are located in the upper level of Perry Plaza, behind the Denver Warehouse.

Christ Chapel offers full services to the community, including hospital visits, home visits, Holy Unions, Baptisms, funerals, memorial services, blessings for homes, etc.

You can call the Helpline for more information, 471-4429.

Pikes Peak Gay Community Center Membership Application

(Please circle appropriate membership)

\$5⁰⁰ - Student/Volunteer

\$12⁰⁰ - Individual

\$20⁰⁰ - Household

\$50⁰⁰ - Benefactor

\$50⁰⁰ - Organization

\$100⁰⁰ - Sustaining

\$150⁰⁰ - Business

\$1,000⁰⁰ - Angel

I would like to make a one time donation of \$ _____

Name _____ Phone (optional) _____

Address _____ City/State/Zip _____

All membership information is kept strictly confidential.

Yes, I would like to have GaySpeak delivered to the address listed above.

Signature _____

"Frameline" is now accepting entries for the 12th San Francisco International Lesbian and Gay Film Festival, June 17-26, 1988. Held each year during San Francisco's Lesbian/Gay Freedom Celebration, the Festival brings together the best in feature, documentary and short films and video tapes by and about lesbians and gay men.

This, the world's largest and most respected annual screening of its kind, is sponsored by "Frameline", a non-profit media arts organization, to develop and promote the production, exhibition and appreciation of lesbian and gay films and video tapes.

Deadlines for entries is April 1, 1988. Information and entry forms can be obtained from :

FRAMELINE
PO BOX 14792
San Francisco, CA 94114
(415) 861-5245

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CUSTOM STAINED GLASS--Call Bette, 596-3008.

HELP WANTED--lesbian/gay cartoonist for GAYSPEAK. No pay, just a place to get your art published. If interested, call the Helpline and leave a message or drop a note to Gayspeak, P.O. Box 574, Colo. Spgs., CO, 80909.

INCOME OPPORTUNITY: Interested in starting a Bed & Breakfast for traveling lesbians? All you need is a spare room. FREE handbook for seriously interested women! Write to: Fountain Institute for Women, P.O. Box 222-T, Carle Place, NY 11514.

COUPLES, INC.: We organized The Wedding at the March on Washington. If you are in a committed relationship, or ever will be, then we're working for your rights. P.O.Box 13323, Los Angeles, CA 90013.

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IT'S IMPORTANT FOR YOU TO KNOW.....

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